



Anti- bullying policy for Children at Eastwood Primary School and Nursery

Our values and beliefs

- Everyone has the right to be nurtured, feel happy and safe at school and therefore bullying is unacceptable.
- Children who feel they are being bullied will be supported.

What is bullying?

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Purpose

Bullying is intentional (not an accident), a bully hurts someone on purpose. Bullying is repetitive. This means that the bully hurts someone over and over again; it isn't an incident that happens only once. Bullying can be by one person or a by a group of people. Here are the main types of bullying:

- Physical: e.g. kicking, hitting and damaging their belongings.
- Verbal: e.g. name calling, threats and making offensive remarks.
- Indirect: e.g. spreading nasty stories about someone, gossiping and leaving someone out from social groups like games.
- Cyber: sending nasty emails, online messages, texts or making nasty phone calls.

Some types of bullying can be against a group to which people may belong, for example, racial comments, because of a person's religious beliefs or because people have special educational needs or disabilities.

How do we prevent bullying?

Our school behaviour policy helps to promote positive behaviour in school to create a nurturing environment where everyone respects and supports each other. Being able to grow into your own person is one of our main principles.

- During P.S.H.E and circle time you will learn about the consequences of bullying and what to do if they experience bullying.
- Posters on the school notice boards and classrooms remind you that bullying is not acceptable, and to tell them what to do if you are being bullied.
- Our school takes part in the national anti-bullying week every year to remind children that bullying is not acceptable.
- The school council discuss ways in which they can support anti-bullying work in school.

- We have lots of people in school you can talk to if you are worried. Your class teacher, LSA or our learning mentors will all listen to you.

What happens when someone is being bullied?

Children that are being bullied or see bullying happening should tell their teacher or an adult that they trust.

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Support will be given to children who are bullied. They will be reassured that they do not deserve to be bullied and that it's not their fault. They will be encouraged to talk about their feelings and they will be involved in making choices about how to resolve the matter. They will be asked to tell someone if any bullying happens again and we will involve their friends for support.

We will talk to the child (or children) involved in the bullying separately and listen to their version of what happened. We will talk to anyone else that saw the bullying. We will remind the child (or children) that bullying is not acceptable and expect bullying to stop. We will contact the child's parents/carers. We will make sure we check that the bullying has not started again.

Children that have been involved in bullying may be removed from the group, not be allowed out at break times and lunchtimes, not be allowed to join in with school events, placed on the behaviour tracker/PSP (Pastoral Support Plan) or may be excluded.

Our responsibilities

- Act in a respectful and nurturing way towards one another.
- Tell someone if they are being bullied or have seen someone being bullied.
- Support each other and ask for help to make sure that everyone feels safe, and nobody feels left out.

What happens if bullying happens outside of school?

If bullying happens outside of school and affects children in school then the school has a duty to respond to this. We will respond to bullying outside of school in the same way we would inside school.